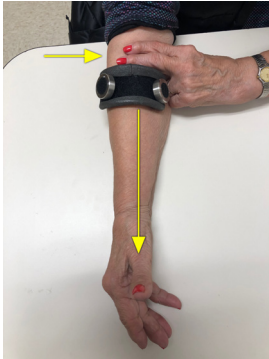


# READI-STEADI® FITTING INSTRUCTIONS



## STEP 1

Turn your hand to neutral or the “thumbs up” position. Align the center of the thermoplastic arm plate with the thumb. The TOP of the thermoplastic arm plate should be 2 finger widths or 1.5 to 2 inches BELOW your elbow crease. Secure both straps so that no migration of the system occurs as you move your arm normally.



## STEP 2

Secure both straps BELOW the elbow as featured in the post-fitting instructional video. This video can be found on our website [www.Ready-Steady.com](http://www.Ready-Steady.com) under the “Post-Fitting Instructions” tab.



## STEP 3

To ensure proper fit, check that the thermoplastic hand plate is covering all large knuckle joints of the fingers. The inside strap should go around all fingers to the palm side, and attaches to the thermoplastic hand plate near the small finger. Adjustments to the strap can be made by tightening or loosening the Velcro® tab near the small finger.

# READI-STEADI® FITTING INSTRUCTIONS



## STEP 4

Fasten the wrist strap at a slight angle so that close contact is maintained with the thermoplastic hand plate against the back of the hand.



## STEP 5

If extra skin protection is required, either apply a cooling sleeve as a base layer or don your hand compressive cover included first, then apply the thermoplastic hand plate on top. Secure longer wrist strap over and around the base as previously noted in Step 4.



## ADDITIONAL COVERS

can be ordered online at [www.Ready-Steady.com](http://www.Ready-Steady.com)



READI STEADI®

ANTI-TREMOR ORTHOTIC GLOVE SYSTEM

For Detailed REDI-STEADI® Fitting Instructions Please Visit [www.Ready-Steady.com](http://www.Ready-Steady.com)